301-656-2797



#### Sunshine and the seashore

Savor the last few weeks of summer as we travel to Rehoboth Beach, Del., on **Tuesday, Aug. 23.** The sea air, the sand and the water are still delightfully warm, but most of the crowds have gone.

**AUGUST 2005** 



VOLUME 20, NO. 3

Take a stroll on the

boardwalk, enjoy a seafood lunch or just take in the sea air. You may choose to spend the day exploring the outlet stores along Route 1. At the outlet center, you'll find Brooks Brothers, Casual Corner, Eddie Bauer, J. Crew, London Fog, Little Me, OshKosh B'Gosh, The Children's Place, Coastal Cotton, Redfish Designs, Etienne Aigner, Naturalizer, Stride Rite, Sperry, Oneida, Waterford, Wedgwood, Danskin, Disney, Lillian Vernon, Samsonite, and many, many more outlet stores.

We'll take you to the beach, then you're free to choose your itinerary. The bus will make alternate stops at the beach and outlets.

We'll depart from the Village Center at 8 a.m., arriving in Rehoboth in time for lunch—there are numerous restaurants and cafes along the Boardwalk and Rehoboth Avenue. After a day at the shore, we'll return to the Village Center around 7:30 p.m.

The cost of the trip is \$35. Sign-ups for residents and one guest begin immediately. Nonresidents may sign up Aug. 9. There are 45 spaces available.

## One-man show to be presented at the Village Center

"Confessions of a Nightingale," which depicts the life of one of America's greatest playwrights, Tennessee Williams, will be presented at the Village Center on **Friday, Sept. 9, at 1 p.m**. Williams will be played by actor Barry Abrams.

This play is structured as an interview with a reporter and was written by Charlotte Chandler and Ray Stricklyn. The drama tells of the struggles of the playwright's early years, his first successes, and the price of his fame, all in the witty style of Williams. "Confessions of a Nightingale" is directed by Ed Starr, the founder of Montgomery County Senior's Theatre.

There is no charge for the performance but please call 301-656-2797 to reserve a seat.



### It's Pizza and Summer Fun at the Center

Pre-school and school age children are invited to Summer Games at the Village Center on **Thursday, Aug. 11 from 10:30 to noon.** We'll have games ranging from ring tosses to croquet for children in Hubert Humphrey Park, in front of the Village Center. After the games, join us for a pizza party in the park. In the event of rain, we'll move the activities indoors. The cost of the event is \$2 per person. Sign up at the Village Center. Please let us know by Tuesday, Aug. 9, if your child will be participating.

#### **CHILDREN'S PROGRAMS**

#### Saturday story time and 'Hats for sale'

Local actress and singer Barbara Papendorp returns to the Village Center for another Saturday morning story time in September. Children, ages 2 to 8, are invited to the Village Center on **Saturday**, **Sept. 10**, **from 10:30 to 11:30 a.m**. as Barbara reads from "Hats for Sale."This is adelightful tale about a peddler and his efforts to sell his hats. Along the way, he encounters a group of mischievous monkeys and his task becomes even more amusing. In addition to the story, children can make a fun craft to take home.

Children must be accompanied by a parent or guardian.

The event is free, but please call the Village Center at 301-656-2797 no later than Wednesday, Sept. 7, if you plan to attend.

## July 4th art show featured patriotic works by artists in the community

The 2005 "Three Cheers for the Red, White and Blue" annual art show attracted more than 50 artists who showed off their interpretations of the Fourth of July. Inspired by fireworks, parades and family gatherings, the artists presented oils, watercolors, collages and sculpture, all with a patriotic theme. As in years past, cash prizes were awarded to those works deemed best by jurist Dave Daniels. First place and a cash prize of \$100, sponsored by Bank of America, was awarded to Adele McGovern for "Hazy, Lazy 4th." Second place and a \$75 cash prize, sponsored by Nancy Mellon Realty, was presented to Linda Kirvan for "Front Porches, Oxford." Third place and a cash award of \$50, sponsored by the Bank of America, was awarded to Margaret Graham Kranking for "Swirling Waters, Point Reyes." Honorable Mention awards and cash prizes of \$25 each, sponsored by the Village of Friendship Heights, were presented to Anne deFontnouvelle for "Rockets Red Glare," and Jane Preece for "Dog Days and Old Glory."



#### www.erols.com/friendshiphtsvillage

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

#### **ADVERTISING**

The deadline for reserving space for the September issue is August 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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#### ON the GO...

#### To market, to market...

Wegmans is not your average supermarket. Ranked the second-best supermarket chain in the country, the new 130,000 square- foot Wegmans in Sterling, Va. is nothing like the discount "megastores." It boasts customer service, atmosphere and specialty items. Join us for a very special grocery run when we visit Wegmans on **Saturday, Aug. 13**.

You can watch chefs conduct cooking classes; enjoy coffee at the cappuccino bar; eat western New York pizza fresh from a woodfired brick oven; and leave your older children at a fun center while you shop. The store carries 60,000 different items, including wine, 500 varieties of cheese, organic produce, European breads, and a kosher deli.

We will leave the Village Center at 9:30 a.m. and return by 1:30 p.m. The cost for transportation and driver gratuity is \$24.

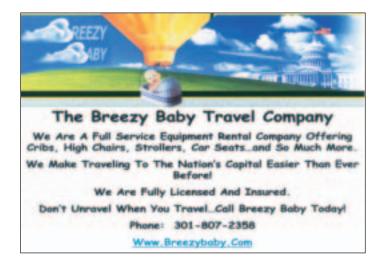


#### A night at Wolf Trap

It's not too late to sign up for our trip to see "My Fair Lady" at Wolf Trap on **Tuesday, Aug. 30**.

Enjoy Lerner and Loewe's wonderful score, which includes "I Could Have Danced All Night," "On the Street Where You Live," "The Rain in Spain," "I'm Getting Married in the Morning," and "I've Grown Accustomed to Her Face."

We will leave the Village Center at 7 p.m. and return around 11 p.m. The cost is \$64, which includes transportation, a ticket in the front Orchestra (at a 10 percent discount), and the driver gratuity. Please sign up by August 8.



#### **Estate Planning and Tax Center**

Law Offices of Binstock, Torchinsky and Associates, P.C.

The Barlow Building 5454 Wisconsin Avenue, Suite 1340 Chevy Chase, MD 20815 301-657-5555

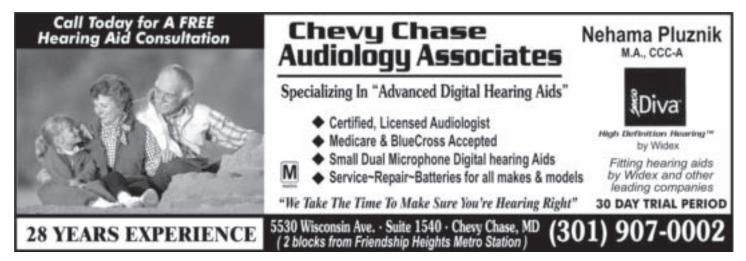
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#### July 4, 2005 at the Village Center



Photos by Joel Williams



Mayor Melanie Rose White presents Community Service Awards to, clockwise from top left, Kay Greene, Robin Dinerman, Sydell Sandy, and Joel Williams. At bottom left, she presents the Elizabeth Scull Community Service Award to Derick Berlage, chairman of the Montgomery County Planning Board.

Photos by Betty Ardizzone



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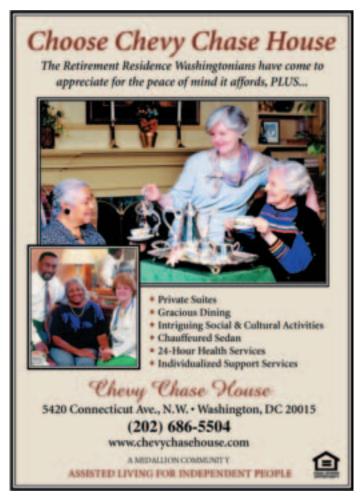
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#### **PLAYING on the BIG SCREEN**

Movies now begin at 7 p.m.

**Thursday, Aug 4, 7:00 p.m. — Being Julia.** A woman scorned unleashes her fury in this droll comedy based on a story by W. Somerset Maugham. Julia Lambert is a famous and well-respected actress, but though her life in the limelight seems glamorous, things are not going so well for her off stage. Annette Bening earned a best actress Oscar nomination for her role as this aging actress who plots an elaborate revenge against her young lover who she discovers is just using her to advance his own career. Rated R . Running Time: 104 minutes.

**Thursday, Aug. 11, 7:00 p.m.** — **Hitch.** A man who teaches dateless wonders how to become irresistible to women learns just how hard it can be to do it yourself in this romantic comedy starring Will Smith. Rated PG-13. Running Time: 118 minutes.

Thursday, Aug. 18, 7:30 p.m., — Café Muse, see page 14 for details.

Thursday, Aug. 25, 7:00 p.m. — Phantom of the **Opera.** One of the most popular stage musicals comes to the big screen in this lavish adaptation. Christine is a beautiful young woman who longs to join the company of the Paris Opera House. During rehearsals, a massive chandelier crashes to the floor, nearly crushing leading lady Carlotta. When several members of the company suggest this could be the work of the "Phantom of the Opera," a spectral presence said to haunt the building, Carlotta drops out of the show. This allows Christine to step in as her replacement, and her opening night is a triumph. Christine soon becomes reacquainted with Raoul, a former childhood friend who is now a wealthy and well-known nobleman. As she becomes smitten with Raoul, she discovers that the phantom exists in the form of a brilliant but horribly disfigured composer who lives deep in the depths of the opera house. Stars Gerard Butler, Emmy Rossum, Patrick Wilson and Miranda Richardson. Rated PG-13. Running Time: 141 minutes.

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#### FRIENDSHIP GALLERY

## Chinese brush paintings on exhibit at the Village Center

Friendship Gallery is pleased to welcome back Helene Sze McCarthy and her students for their twentieth annual art show, an exhibit of Chinese Brush Painting.

Helene has been teaching and exhibiting at the Village Center since it opened. She grew up in Vietnam, married an American Foreign Service officer after the fall of Saigon, and moved to Washington.

The show runs from Aug. 1 through Aug. 30. All are invited to

meet the artists at a reception on **Sunday, Aug. 7, from 11 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m.

Art work in the auditorium is occasionally not available for viewing because of certain activities in that room.

Please check with the front desk receptionist when you arrive.





Paintings by Helene McCarthy



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# Friendship Heights Village Center



# 2002 Calendar of Events

SATURDAY	6 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Depart for Wegmans	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs	ouncil meeting <b>n.</b> The agenda for ach building in the ith the request that
FRIDAY	5 10:30 a.m.: Coffee and Current Events	10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert: Sheila Grimes	10:30 a.m.: Coffee and Current Events	10:30 a.m.: Coffee and Current Events	Please note that this month's Village Council meeting will be held <b>Monday, Aug. 8 at 8 p.m.</b> . The agenda for the meeting is sent to the manager of each building in the Village the week before the meeting with the request that it be posted.
S T	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7 p.m.: Movie: Being Julia	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7 p.m.: Movie: Hitch	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7 p.m.: Café Muse	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7 p.m.: Movie: Phantom of the Opera	Please note that the will be held <b>Mon</b> the meeting is sen Village the week bit be posted.
<b>G U</b> WEDNESDAY	10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: USA Canteen	10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Joint Replacement Surgery 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Hui O Ka Pua'Ilima	10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Sounds East	10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: IONA	10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Jack Stanton
TUESDAY	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Depart for Wolf Trap
A MONDAY	10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	15 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training	10: a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training	10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi
SUNDAY		9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m.: Depart for "Lion King" 11 a.m. – 1:30 p.m.: Art Reception	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

# Shuttle bus hours

Monday through Friday Saturday and Sunday



# Village Center Hours

9 a.m. to 9 p.m. 9 a.m. to 5 p.m. 9 a.m. to 2 p.m. Monday through Thursday Friday Saturday and Sunday

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

August's special lunch, prepared by Jelena Koprivica, Dining Services Coordinator of Brighton Gardens, will be held on **Friday, Aug. 12, at 12:15 p.m.** The menu will include tossed salad, chicken primavera with summer vegetables, and cherry pie for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve by Wednesday, August 10.

Following lunch, please stay for a piano concert performed by Sheila Grimes **at 1 p.m.** Mrs. Grimes studied at the Paris Conservatory of Music and the Academy of Music of Scotland. She completed her chamber music training at the Royal Conservatory of Music in Brussels. She is the pianist and director of Les Amis de Mozart.

# THIS MONTH'S SPECIAL LUNCH AND PROGRAM

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

#### **NEW CLASSES**

#### **BEGINNING BRIDGE**

An introduction to bridge. Taught by Martha Lisser, retired teacher and principal and experienced bridge teacher. Each student must bring a deck of cards. 6-week course starts Sept. 14. Meets Wednesdays from 1 to 3 p.m. Cost is \$90 for residents; \$100 for non-residents.

#### **BEGINNING BRIDGE 2**

A continuation of the Beginning Bridge course taught by Martha Lisser. Each student must bring a deck of cards. 6-week course starts Sept. 12. Meets Mondays from 1 to 3 p.m. (class will not meet on Oct. 10). Cost is \$90 for residents; \$100 for nonresidents.

#### **DRAWING AND PAINTING**

A 10-week course for all skill levels, taught by Doris Haskel, begins on Sept. 12. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends Nov. 21 (class will not meet on Oct. 10).

#### **MAT PILATES**

A 6-week session begins Sept. 6. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. This particular class is not recommended for pregnant women or those with serious spinal conditions without a physician's approval. Instructor has been certified by the *PhysicalMind Institute*. Please bring a Pilates/Yoga mat and bath towel. Session ends Oct. 18 (class will not meet on Oct. 11). Maximum number of students is 15.

#### STILL LIFE PAINTING

A 12-week course with noted artist Joan Samworth emphasizing the elements of art: line, color, texture, shape and value. Class is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Begins Sept. 8. Meets Thursdays from 11 a.m. to 2:30 p.m. (Bring a bag lunch). The cost is \$165 for residents: \$170 for nonresidents. Last class is Dec. 8 (there is no class Sept. 29)

#### TAI CHI (Tuesday)

This 6-week session begins August 2. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends September 6.

#### **YOGA (Daytime)**

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Sept. 18. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$80 for residents and \$95 for non-residents. Session ends Nov. 21. Class will not meet Oct. 9 or Nov. 13. (Students who must miss a class may make it up in the Monday class with the instructor's permission).

#### YOGA (Evening)-

This 8-week class in Hatha Yoga for beginning and continuing students

is taught by Robin Dinerman and begins Sept. 19. Meets Mondays from 7:30 to 8:50 p.m. See description above. The cost is \$80 for residents and \$95 for non-residents. Session ends Nov. 21. Class will not meet Oct. 3 or 10. (Students who must miss a class may make it up in the Sunday class).

#### ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

#### BLOOD PRESSURE SCREEN-ING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

#### COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

#### GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

#### HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and



fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

#### **SCRABBLE**

This active group of Scrabble players meets at the Center every Thursday, beginning at 6:30 p.m. All are welcome.

#### **TEA TIME**

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

#### **VILLAGE PLAY TIME**

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

#### **WALKING CLUB**

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

#### **YIDDISH**

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

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#### CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m., in Hubert Humphrey Park. In the case of inclement weather, concerts will be performed in Huntley Hall. A decision about the location of the concert will be made by 6:30 p.m.

Wednesday, Aug. 3 — USA Canteen. USA Canteen calls to mind the Andrews Sisters as this lively vocal trio brings back the music of the 1940s with memorable wartime songs like "Boogie Woogie Bugle Boy," "Don't Sit Under the Apple Tree," "Bei Mir Bist Du Schoen," "Rum and Coca Cola," and more.

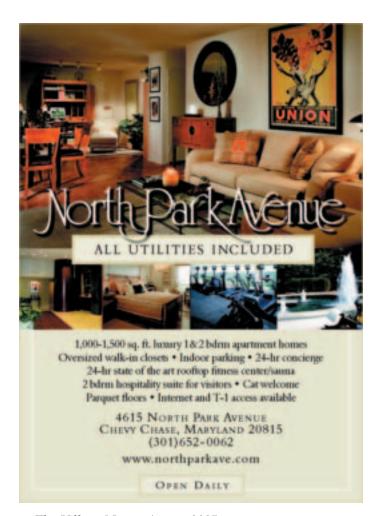
Wednesday, Aug. 10 — Hui O Ka Pua 'Ilima. Carol Leolani Takafuji leads this Hawaiian dance group in an evening of authentic dance and music straight from the Hawaiian Islands, New Zealand and Tahiti. The name means "the group of the Ilima, the official

flower of the island of Oahu. In addition to dance and music, the evening will feature a little history of hula on Hawaii.

Wednesday, Aug. 17 — Sounds East. Frank Brawner is the leader of this six-piece Dixie band, which performs standard jazz tunes along with music associated with leaders of the big band era. Brawner handles the vocals along with sax and clarinet. Along with him are a trumpet and trombone on the front line backed up by a rhythm section of piano, bass and drums.

Wednesday, Aug. 24 — IONA. Barbara Ryan and IONA bring Irish and Celtic music and dance to the Village Center this summer. IONA's music is a unique acoustic weave of the traditional music of Scotland, Wales, Cornwall, Britany and the Isle of Man.

Wednesday, Aug. 31-Jack Stanton - A favorite at our July 4th celebration, singer and musician Jack Stanton brings his high-energy group to the Village Center for an evening of popular standards.





#### TO YOUR HEALTH

#### Try it — you'll like it!

Here's a chance to try our yoga class before signing up for it. Instructor Robin Dinerman will conduct a drop-in class on **Monday, Sept. 12, at 7:30 p.m**. Wear loose clothing, bring a blanket or large towel, and mat. Don't eat for two hours before class. Donations for the B-CC Rescue Squad will be accepted in lieu of payment. This is an excellent way to do something good for yourself and the community at the same time!

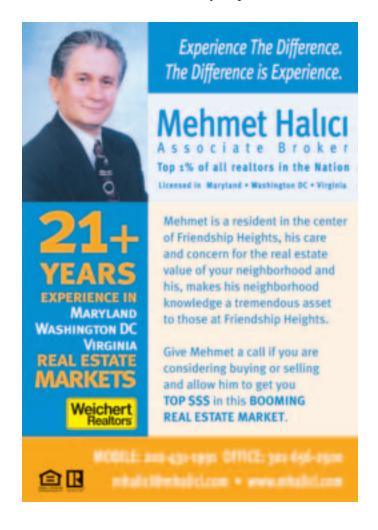
#### What's new with joint replacement surgery?

Meet members of the Suburban Hospital joint replacement team and learn about the new joint program at the hospital at this month's Suburban Lecture on **Wednesday**, **Aug. 10**, **at 1 p.m**. Arthritis and injuries cause millions of Americans to suffer joint pain, especially in the knees, hips and shoulders. This lecture will help you identify ways to deal with the associated pain, swelling and stiffness. The speakers will talk about some new techniques and minimally invasive surgery that are now available to treat some of these conditions. Also learn about returning to an active lifestyle after joint replacement surgery. There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

## Learn defensive driving tips

The AARP Driver Safety Program is a classroom driver refresher course designed for motorists age 50+. The eight-hour course helps drivers refine skills and techniques. Upon successfully completing the course, graduates may be eligible to receive a mandated discount on their auto insurance premiums.

The course will be offered **Friday, Sept. 23** and **Friday, Sept. 30, from 10 a.m. to 3 p.m.** at the Village Center. The cost is \$10 and checks should be made out to AARP. Students must bring to class with them their driver's license and a ballpoint pen. Register at the Village Center.





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#### Cafe Muse presents...

This month's Café Muse, on **Thursday, Aug. 18, at 7 p.m.,** presents poet and playwright Grace Cavalieri and poet Darcy Shargo.

Grace Cavalieri is the author of 14 books of poetry and 20 produced plays. For 27 years she has produced "The Poet and the Poem" on public radio, now broadcast from the Library of Congress via NPR satellite.

Darcy Shargo is the author of a poetry chapbook, *The Fiction and the Flames*. Her book-length collection, *Every House Has a Window Like This*, was a finalist in the National Poetry Series. She has twice won awards from the Academy of American Poets, and her poem "Making the Harp" was nominated for the Pushcart Prize.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has published contemporary and sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

#### Police visit the Village for National Night Out

Learn about crime and drug prevention when the Montgomery County Police visit in Friendship Heights on Wednesday, Aug. 3.

In celebration of the 22nd annual National Night Out, the Village will feature a "Night Out" exhibit at our weekly concert that evening. The concert begins at 7:30 p.m. feature music by USA Canteen, alively group featuring the music of the '40s. The exhibit will be on display from 7 to 8 p.m. at the Village Center.

301-652-7399

Willoughby Market
Grocery, Deli, Beer, Wine

4515 Willard Avenue Chevy Chase Business Hours 9:00 to 10:00 7 - Days



# Set Sail for Fine International Cuisine at Brighton Gardens of Friendship Heights

Tou don't have to go to the trouble and expense of taking a cruise around the world to experience fine international cuisine. Our talented chefs at Brighton Gardens of Friendship Heights will prepare authentic meals that you can conveniently enjoy right in the heart of Chevy Chase. The accompanying cultural entertainment will surely sweep you across the seas as you dine on carefully prepared dinners.

#### CRUISE SCHEDULE 5:00pm-7:00pm

August 11 American

September 8 African

October 20 German

November 10 Indian

December 8 Scandinavian

Don't miss this opportunity to "sail" around the world with Brighton Gardens of Friendship Heights.

RSVP to Danielle Rupp or Sue Erim at 301-656-1900 one week before each event. Space is limited, so RSVP for you and a friend today.





**Brighton Gardens of Friendship Heights** 

301-656-1900

Assisted Living, Alzheimer's Care

5555 Friendship Boulevard, Chevy Chase, MD 20815 • www.sunriseseniorliving.com

#### Village Council Corner

#### Council Votes To Apply FY 2006 Rothstein Scholarship Funds To Subsidize Community CPR Training

A message from Councilman Al Morris:

According to the Red Cross, the leading cause of adult deaths in the USA is Sudden Cardiac Arrest, costing 700 lives daily.

What can we in Friendship Heights do to help



www.redcross.org

prevent losing one of our friends, neighbors or loved ones? The answer is simple; we must train as many of our residents in CPR (cardiopulmonary resuscitation) as possible. This program is exactly what your Village Council proposed and adopted at its July meeting.

Every minute that passes before returning the heart to

a normal rhythm decreases the chance of survival.

Regardless of our ages, we can never be certain when our training in CPR will be needed to help save a life. The Council hopes that a large segment of our residents will sign up for this vital training.

Watch for details of the program will be announced shortly. See you there!

#### The New Shuttle Bus Is On The Job

Our new shuttle bus is now serving the Village. The Council hopes that you enjoy the easy access offered by this low-floor kneeling bus. Full Village signage has been ordered and should be installed on the bus in the near future.

Council actions at the July 11 public session:

- Approved additional contingency of \$25,000 for ongoing Village Center repairs;
- Approved proposals to develop two plans for redesigning landscaping in Humphrey Park;
- Approved applying Rothstein scholarship funds for CPR training in the Village.



Friendship Heights Village Center 4433 South Park Avenue Chevy Chase, Maryland 20815

#### **Check out our website:**

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

August 2005 events calendar